



Ten Tips On How To Improve Your Marriage

It is said that marriage is a sacred institution. This is a long lasting relationship that has to be nurtured carefully. It is always very rosy initially when everything is a novelty. With time, the relationship starts to evolve cracks and break up eventually if not maintained. The main reason for these breakups is that one starts to take the other for granted. There are ways to improve your marriage. It requires concerted efforts from both sides. We suggest the following ten tips, which if followed diligently can improve your marriage tremendously.

1. Understanding and Respecting the Partner's Mood:



Every person has his or her own moods. Everyone in the world is entitled to have a bad mood occasionally. You should learn to understand the mood of the partner before initiating a conversation. There are telltale signs which show that a person is in a bad mood. Opening up a conversation when your partner is in '**not so good a mood**' will end up in having rancor. You have to respect your partner and

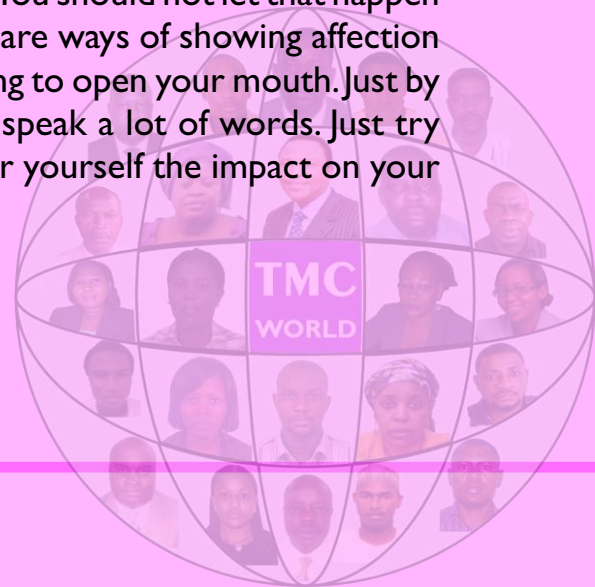
give ample space for him/her to get over the bad mood. In this way, your objective will also fructify.

2. Be Generous with Expressing Your Affection:



Giving affection does not cost any money. It is always seen that in the earlier days of one's marriage, one gets more than generous dose of affection. As time goes on, one starts to take each other for granted. This is the root of the problem. Your affection towards your partners sees a down-slide. You should not let that happen at any cost. There are ways of showing affection without even having to open your mouth. Just by

holding hands or a gentle rub on the shoulders can speak a lot of words. Just try showing your affections on a regular basis and see for yourself the impact on your marriage.



3. Give a Gift Every Now and Then:



Giving a gift is a lovely idea any time. It is always great to surprise your spouse with a small gift every now and then. No! This is not bribing your way in any case. This is just a way of showing your appreciation towards your partner. Gifts can be anything from even a short 'I Love You' note to precious diamonds. You should always ensure to keep these small notes in places where she frequents the most. This is sure to bring tears of

joy to her eyes and the happiness back in your marriage.

4. Say Sorry When You Are Wrong:



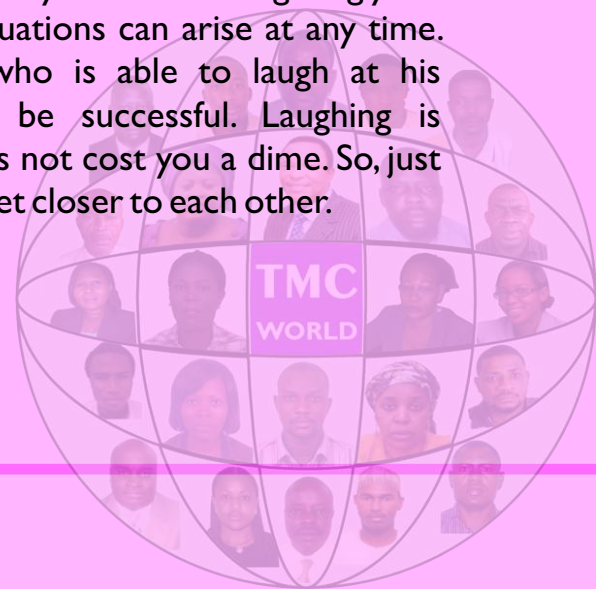
Everyone can be wrong once in a while. It is only the magnanimous who have the courage to admit that they have been in the wrong. It is always good to admit your mistake and be truly sorry for it. It takes tremendous guts on your part to say sorry. The natural reaction you can expect when you say sorry is an immediate reconciliation. In fact, saying and feeling sorry is much more powerful than saying "I Love You".

5. Laugh Together And Laugh More:



Problems are there everywhere in life. You should be above all these problems in case you seek a happily married life. Laughing your way out of trouble is always better than fighting your way out. Tense situations can arise at any time. Only a person who is able to laugh at his problems would be successful. Laughing is contagious. It does not cost you a dime. So, just

enjoy and have a great laugh together. In this way, you get closer to each other.



6. Help Each Other in Times of Need:



Once you get married, there is no such thing as your work or my work. Helping each other is a good way of showing that you care for each other. Not sharing the chores can cause tensions and hence to avoid the tension, it is always better to share the chores with each other. In this way, she can be sure that you are there for her at all times. This is also an opportunity to share time together.

7. United You Stand:

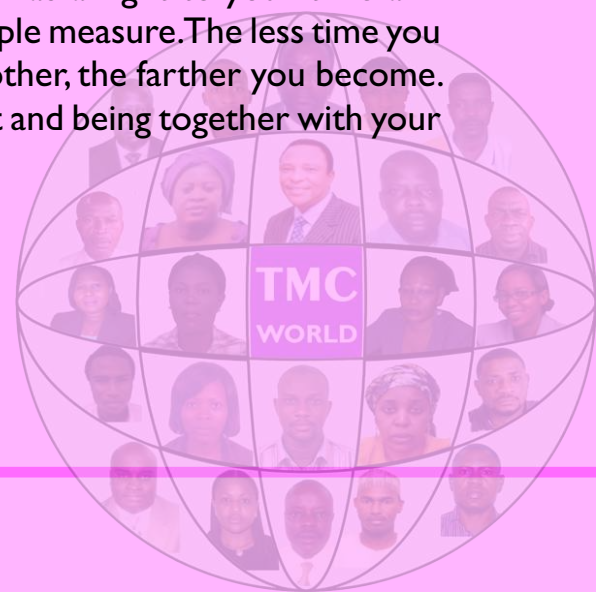


It is human nature not to agree on all counts. It is perfectly natural. There may be many occasions where you may not agree with your partner. But that should not show in front of a third person. In front of outsiders, you should demonstrate a united front. You should never run down your spouse in the presence of others. There is nothing more degrading than that. So, showing a united front is a nice way of showing that you care for your partner.

8. Always Have Time for Each Other:



Any relationship requires nurturing. Marriage is the king of all relationships; and hence, it requires nurturing the most. You should always be ready to spare time for your spouse. It could be even early in the morning or any other comfortable time. Your spouse has a right to your time and should get it in ample measure. The less time you spend with each other, the farther you become. So, taking time out and being together with your spouse is an important way to improve your marriage.



9. Do New Things and Explore Exciting Avenues:



It is human nature to feel monotonous to do the same things the same way everyday. Once in a while, you require a change. That does not mean that you should go out and seek adventure elsewhere. You can spice up your life by exploring new things with your spouse. Go on exciting dates or an adventure trip together and bring back the excitement in your life.

10. Fight But Be Fair in Your Fights:



Fights do happen between couples. There is no couple in the world that has never fought each other at least in one occasion. Even in a fight with your spouse, you can try not to raise your voice and try to see things from her point of view. In this way, you can diffuse the situation from blowing up and she too would calm down and work towards a resolution.

By so doing, you can improve your married life and enjoy the bliss for years to come.

